			020 271 0170	
Monday	Tuesday	Wednesday	Thursday	Friday
		APR		
Walking 8-11am Sewing 9am-1pm Card Games 9am Tax help 9:00am-2:30pm	4 Bead /Jewelry 10am-1 pm Woodcarving 9am-12pm Balance Exercise 10-11am Arthritis Exercise 10-11am Rug Hooking 12-2pm Yoga (\$) 4:15-5:15pm	Knitting 9am-12pm Pottery 9am-1pm Arthritis Exercise 10-11am Book Club 2:30-4pm	Walking 8am-1pm Art 9:30am-12:30pm Lap Quilting 9am-12:30pm Yoga (\$) 11:15-12:15 Balance Exercise 10-11am Community Meal 4-6pm	Walking 8-11am Music/Singing 9-11am Card games 9am Weaving Guild Line Dancing 9-10am
Walking 8-11am Sewing 9am-1pm Card Games 9am Tax help 9:30am-2:30pm	11 Bead /Jewelry 10am-1 pm Woodcarving 9am-12pm Balance Exercise 10-11am Arthritis Exercise 10-11am Rug Hooking 12-2pm Yoga (\$) 4:15-5:15pm	Walking 8-1lam Knitting 9am-12pm Pottery 9am-1pm Arthritis Exercise 10-11am Card Games 9am AA Meeting 7:30pm	Walking 8am-1pm Art 9:30am-12:30pm Lap Quilting 9am-12:30pm Yoga (\$) 11:15-12:15 Balance Exercise 10-11am Community Meal 4-6pm	14 Closed for Easter
17 Easter Party Walking Sewing Card Games 10am 8-11am 9am-1pm 9am-1pm	18 Bead /Jewelry 10am-1pm Woodcarving 9am-12pm Balance Exercise 10-11am Card Games 9am Rug Hooking 12-2pm Yoga (\$) 4:15-5:15pm	19 Walking 8-1lam Knitting 9am-12pm Pottery 9am-1pm Card Games 9am AA Meeting 7:30pm	Walking 8am-1pm Art 9:30am-12:30pm Lap Quilting 9am-12:30pm Yoga (\$) 11:15-12:15 Balance Exercise 10-11am Community Meal 4-6pm	21 Walking 8-11am Music/Singing 9-11am Card games 9am Weaving Guild Line Dancing 9-10am
24 Walking 8-11am Sewing 9am-1pm Card Games 9am	25 Bead /Jewelry 10am-1pm Woodcarving 9am-12pm Balance Exercise 10-11am Card Games 9am Rug Hooking 12-2pm Yoga (\$) 4:15-5:15pm	26 Walking 8-1lam Knitting 9am-12pm Pottery 9am-1pm Card Games 9am AA Meeting 7:30pm	Walking 8am-1pm Art 9:30am-12:30pm Lap Quilting 9am-12:30pm Yoga (\$) 11:15-12:15 Balance Exercise 10-11am Community Meal 4-6pm	Walking 8-11am Music/Singing 9-11am Card games 9am Weaving Guild Line Dancing 9-10am Bingo w/ Bob 10am

April 2017

Western Watauga Community Center

Easter Party-Bingo and Easter Egg Hunt on April 17th at 10am!

Tax Assistance-April 3rd and 10th from 9-2. By appt. only. Balance Class-Tuesdays and Thursdays from 10-11am starting April 4th for four weeks.

Stained Glass Class on April 19th and 26th from 9:30-11:30am. Make a beautiful candle holder! Must sign up.

Framed Ribbon Doll Class on April 11th from 9am-12. See Cindy to sign up.

Yoga Classes Thursdays, 11:15-12:15 at CCHS, and Tuesdays, 4:15-5:15 at WWCC. (\$) Call 828-264-1384 for info.

Bingo two times a month at 10am-bring one item or \$1 to play. (Your dollar will be used to buy prizes)

BP Check - Thursday, April 6th at 10am.

Beautiful crafts for sale in front area-pottery, knitted/sewn items, wooden pieces, and jewelry, all made by our talented participants! **Bingo w/ Bob** from Medi-Home Hospice on Friday, April 28th at 10am.

Western Watauga Food Outreach

Every Thursday 4pm-6pm with free food distribution and a drop in community meal. All ages are welcome on a first-come first-served basis. Call Hunger & Health Coalition-828-262-1628 for info.

AA group meets Wednesday nights at 7:30pm.

Center Hours of Operation: Monday-Friday-8am-4pm Most classes are offered free to seniors age 60+

Private and civic groups may use or rent the building after hours and on weekends. Must be reserved in advance. Fees required.

Weekly Activities



Coffee Time and Talk: Monday- Friday 8am-11:30am. Bring snacks and a story to share.

Congregate Nutrition (lunch): Served Monday-Friday, 11:30am-12:00pm- must be a registered participant or paying guest. Meal price -\$7.08. (See a staff member for details)

Card Groups- Rook, etc: Mon- Fri 9am-12.

Walking in the old CC Gym or the park Mon-Fri 8am-1pm

Watauga Woodcarving Tuesdays 9am-11:30am

Decorative Beading /Jewelry making Tuesdays 10am-1pm **Weaving** meets Friday 10am –1pm: lessons by appointment,

call before coming.

Hand Spinning First Sunday of month, 2-4pm

Fiber Guild Third Saturday of the month, 10am-12 noon

Sewing Mondays 9am-1pm- make clothes & household items

Knitting Wednesdays 9am-12pm

Pottery-Wednesdays 9am-1pm

Art Thursdays 9:30am-12:30pm

Lap Quilting Thursdays 9am-12:30pm

Rug Hooking Tuesdays 12-2pm

Computer Assistance First Tuesday of the month, 9-11am

Line Dancing Fridays 9-10am

Drop-In Activities for age 60+only-sign up requiredHorse shoes-Cards-Cornhole-Board Games-Puzzles-Exercise Equipment-Library-Movies-Books-Kindles for check out.

Western Watauga Community Center

1081 Old US Hwy 421 Sugar Grove, NC 28679 Phone:/Fax (828)297-5195

Director: Cindy Lamb

Email: cindy.lamb@watgov.org

For additional information, questions about activities, or to register for transportation, please contact the Center Director.

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