

February 2025 WCRC Pickleball Clinics

Skills & Drills Clinics: Tuesdays & Thursdays, 1:00-2:20 pm

Pre-registration and pre-payment (\$5 for Watauga residents, \$7.50 for out-of-county residents) is required. These clinics are designed for 2.0-3.5 level players. Clinic topics are listed below.

Player's Choice Clinics: Fridays, 10:00-11:00 am

Pre-registration and pre-payment (\$5 for Watauga residents, \$7.50 for out-of-county residents) is required.

Beginner Clinics: Tuesdays, 2:30-3:30 pm & Saturdays, 10:00-11:00 am

Beginner clinics are free and require no pre-registration.

Beginner's Open Play / Coach Assisted: Saturdays, 9:00-10:00 am

Beginners learn the etiquette of Open Play including rotating partners and paddle stacking. Coaches will assist with rule enforcement and clarification. Free, no pre-registration.

TUESDAY, February 4: 1:00-2:20 pm

Skills & Drills: Beat the Bangers

We will practice resetting drives, punch volleys and drops, as well as soft game control.

THURSDAY, February 6: 1:00-2:20 pm

Skills & Drills: Soft Shots & Control

We'll do a tap+hit drill, work on backcourt drops, and play single pts w/ req'd 3rd drop & kitchen work.

TUESDAY, February 11: 1:00-2:20 pm

Skills & Drills: Putaways, Placement & Pace

We will drill attacks on popups, work on placing to the backhand, and practice volleys at the net and midcourt.

THURSDAY, February 13: 1:00-2:20 pm

Skills & Drills: Poaching

We will practice recognizing and committing to the 3rd shot poach, then we'll try poaching in short games.

TUESDAY, February 18: 1:00-2:20 pm

Skills & Drills: Stop Being Targeted

What can you do when you or your partner is being relentlessly targeted? Let's even up the playing field! We'll work transitions, shadowing, and 60%-40% game play.

THURSDAY, February 20: 1:00-2:20 pm

Skills & Drills: Defeating Better Players

We'll work on hitting unattackable dinks, we'll practice deep, high returns in the beat-the-catch game, and practice resetting hard drives.

TUESDAY, February 25: 1:00-2:20 pm

Skills & Drills: Switch Up Your Shots

We often get in the habit of hitting the same shots several times in a row, or hitting directly to our opponents. Today we'll do Figure 8s @ the Kitchen, 4 Dinks 4 Volleys, Accordions, and a B/Drop & F/Drive drill, too.

THURSDAY, February 27: 1:00-2:20 pm

Skills & Drills: Lions & Lambs

Learn to work your soft game AND your bang game. We will drill drop shots, resets off the drive, and play "Lion & Lamb" games.

Got clinic requests? Ask Coach Lisa
LisaCreechBledsoe@gmail.com