

Event 1 Girls 200 Yard Medley Relay

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1			_____
2	ASHEC-NC	A	NT _____
	1) Graham, Cianna SO	2) Cox, Leah SO	
	3) Roten, Anna Gray JR	4) Dollar, Addison SR	
3	Elks-NC	A	2:08.33 _____
	1) Hatcher, Sarika	2) Dickerson, Mikayla	
	3) Simmons, Amara	4) Brown, Mya	
4	Ahs-NC	A	2:57.22 _____
	1) Hewett, London	2) Li, Rui	
	3) Gregg, Hayden	4) Roupe, Addilynn	
5	Elks-NC	B	NT _____
	1) Ange, Shayla	2) Swaim, Mia	
	3) Russell, Paisley	4) Reed, Adelyn	
6			_____

Event 2 Boys 200 Yard Medley Relay

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1			_____
2	WWILK-NC	A	2:06.07 _____
	1) Palacios, Jaciell	2) Greene, Kaidan	
	3) Dyer, Joshua	4) Stevens, Parker	
3	Elks-NC	A	1:54.12 _____
	1) Snyder, Webb	2) Baker, Evan	
	3) White, Caleb	4) Johnson, Jonas	
4	WILKC-NC	A	2:01.19 _____
	1) Caul, Jaylen	2) Costagliola, Pino	
	3) Miller, Jackson	4) Matthews, Beckett	
5	STRMT-NC	A	2:53.89 _____
	1) Moran, Brock	2) Frazer, Reid	
	3) Abersold, Colt	4) Childress, Colton	
6			_____

Event 3 Girls 200 Yard Freestyle

Lane	Name	Yr	School	Seed Time
Heat 1 of 1 Finals				
1	Somers, Julia		STRMT-NC	NT _____
2	Eller, Brooklyn		WILKC-NC	3:12.55 _____
3	Dickerson, Elissa		Elks-NC	2:26.93 _____
4	Russell, Paisley		Elks-NC	2:41.39 _____
5	Reed, Adelyn		Elks-NC	NT _____
6				_____

Event 4 Boys 200 Yard Freestyle

Lane	Name	Yr	School	Seed Time
Heat 1 of 1 Finals				
1	Zhu, Felice	JR	ASHEC-NC	3:56.54 _____
2	Zamudio, Dylan		Elks-NC	2:23.25 _____
3	Davis, Mark		WILKC-NC	1:55.14 _____
4	Johnson, Joseph		Elks-NC	2:16.90 _____
5	Costagliola, Pino		WILKC-NC	2:47.95 _____
6				_____

Event 5 Girls 200 Yard IM

Lane	Name	Yr	School	Seed Time
Heat 1 of 1 Finals				
1				_____
2	Johnson, Jocelyn		Elks-NC	3:22.19 _____
3	Hatcher, Sarika		Elks-NC	2:27.01 _____
4	Aronackes, Bella		WILKC-NC	2:47.84 _____
5				_____
6				_____
Event 6 Boys 200 Yard IM				
Lane	Name	Yr	School	Seed Time
Heat 1 of 1 Finals				
1				_____
2	Stevens, Parker		WWILK-NC	3:08.42 _____
3	Miller, Jackson		WILKC-NC	2:25.16 _____
4	Tragone, Michael		Elks-NC	2:25.56 _____
5				_____
6				_____

Event 7 Girls 50 Yard Freestyle

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Finals				
1	Higgins, Emma		WWILK-NC	44.70 _____
2	Wonsick, Abbie	JR	ASHEC-NC	41.53 _____
3	Stonecipher, Marlee	JR	ASHEC-NC	40.36 _____
4	Dollar, Addison	SR	ASHEC-NC	40.54 _____
5	Cox, Ava	JR	ASHEC-NC	43.37 _____
6				_____
Heat 2 of 3 Finals				
1	Roupe, Addilynn		Ahs-NC	38.45 _____
2	Johnson, Lacey		STRMT-NC	36.34 _____
3	Cox, Leah	SO	ASHEC-NC	36.00 _____
4	Ange, Brylee		Elks-NC	36.01 _____
5	McGee, Makaela		Elks-NC	36.54 _____
6	Calloway, Ashton		STRMT-NC	39.31 _____

Heat 3 of 3 Finals

1	Ange, Shayla		Elks-NC	34.76 _____
2	Simmons, Amara		Elks-NC	30.47 _____
3	Brown, Mya		Elks-NC	27.72 _____
4	Swaim, Mia		Elks-NC	29.82 _____
5	Roten, Anna Gray	JR	ASHEC-NC	34.38 _____
6	Hewett, London		Ahs-NC	35.20 _____

Event 8 Boys 50 Yard Freestyle

Lane	Name	Yr	School	Seed Time
Heat 1 of 1 Finals				
1	Childress, Colton		STRMT-NC	38.59 _____
2	Baker, Evan		Elks-NC	25.84 _____
3	White, Caleb		Elks-NC	25.04 _____
4	Johnson, Jonas		Elks-NC	25.62 _____
5	Matthews, Beckett		WILKC-NC	31.53 _____
6	Collins, Bruce		Ahs-NC	40.42 _____

2026 Mountain Valley 2A/3A/4A Conference Meet - 1/23/2026

Meet Program - Timed Finals

Event 11 Girls 100 Yard Butterfly

Lane	Name	Yr	School	Seed Time
Heat 1 of 1 Finals				
1				_____
2	Gregg, Hayden		Ahs-NC	1:53.58 _____
3	Hatcher, Sarika		Elks-NC	1:07.56 _____
4	Simmons, Amara		Elks-NC	1:17.39 _____
5	Jarvis, Charlie		STRMT-NC	1:56.27 _____
6				_____

Event 12 Boys 100 Yard Butterfly

Lane	Name	Yr	School	Seed Time
Heat 1 of 1 Finals				
1	Dyer, Joshua		WWILK-NC	1:29.56 _____
2	Abersold, Colt		STRMT-NC	1:10.59 _____
3	Davis, Mark		WILKC-NC	58.64 _____
4	White, Caleb		Elks-NC	1:05.33 _____
5	Zamudio, Dylan		Elks-NC	1:12.90 _____
6				_____

Event 13 Girls 100 Yard Freestyle

Lane	Name	Yr	School	Seed Time
Heat 1 of 2 Finals				
1				_____
2	Roupe, Addilynn		Ahs-NC	1:32.11 _____
3	Roten, Anna Gray	JR	ASHEC-NC	1:24.61 _____
4	Calloway, Ashton		STRMT-NC	1:27.72 _____
5	Spears, Leah		WWILK-NC	1:38.14 _____
6				_____
Heat 2 of 2 Finals				
1	Russell, Paisley		Elks-NC	1:09.77 _____
2	Dickerson, Elissa		Elks-NC	1:03.95 _____
3	Handy, Emersyn		Elks-NC	1:02.15 _____
4	Brown, Mya		Elks-NC	1:02.31 _____
5	Dickerson, Mikayla		Elks-NC	1:06.02 _____
6	Hewett, London		Ahs-NC	1:22.41 _____

Event 14 Boys 100 Yard Freestyle

Lane	Name	Yr	School	Seed Time
Heat 1 of 1 Finals				
1	Frazer, Reid		STRMT-NC	NT _____
2	Johnson, Joseph		Elks-NC	58.68 _____
3	Snyder, Webb		Elks-NC	50.65 _____
4	Johnson, Jonas		Elks-NC	56.36 _____
5	Caul, Jaylen		WILKC-NC	1:07.67 _____
6	Childress, Colton		STRMT-NC	NT _____

Event 15 Girls 500 Yard Freestyle

Lane	Name	Yr	School	Seed Time
Heat 1 of 1 Finals				
1				_____
2	Gregg, Hayden		Ahs-NC	8:30.15 _____
3	Johnson, Jocelyn		Elks-NC	7:21.06 _____
4	Jarvis, Charlie		STRMT-NC	8:26.64 _____
5	Eller, Brooklyn		WILKC-NC	10:27.17 _____
6				_____

Event 16 Boys 500 Yard Freestyle

Lane	Name	Yr	School	Seed Time
Heat 1 of 1 Finals				
1				_____
2	Moran, Brock		STRMT-NC	NT _____
3	Tragone, Michael		Elks-NC	5:38.86 _____
4	Costagliola, Pino		WILKC-NC	7:56.82 _____
5				_____
6				_____

Event 17 Girls 200 Yard Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1	Elks-NC	B	NT _____
	1) Reed, Adelyn	2) McGee, Makaela	
	3) Ange, Shayla	4) Johnson, Jocelyn	
2	ASHEC-NC	A	2:40.62 _____
	1) Stonecipher, Marlee JR	2) Dollar, Addison SR	
	3) Wonsick, Abbie JR	4) Cox, Ava JR	
3	Elks-NC	A	1:54.84 _____
	1) Hatcher, Sarika	2) Dickerson, Elissa	
	3) Handy, Emersyn	4) Swaim, Mia	
4	Ahs-NC	A	2:35.13 _____
	1) Roupe, Addilynn	2) Hewett, London	
	3) Gregg, Hayden	4) Li, Rui	
5	STRMT-NC	A	2:42.39 _____
	1) Johnsnon, Lacey	2) Somers, Julia	
	3) Calloway, Ashton	4) Jarvis, Charlie	
6			_____

Event 18 Boys 200 Yard Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1			_____
2	WWILK-NC	A	1:56.23 _____
	1) Greene, Kaidan	2) Palacios, Jaciell	
	3) Stevens, Parker	4) Dyer, Joshua	
3	Elks-NC	A	1:41.00 _____
	1) Snyder, Webb	2) Zamudio, Dylan	
	3) Baker, Evan	4) Johnson, Joseph	
4	WILKC-NC	A	1:47.51 _____
	1) Caul, Jaylen	2) Davis, Mark	
	3) Miller, Jackson	4) Matthews, Beckett	
5	STRMT-NC	A	2:21.62 _____
	1) Frazer, Reid	2) Moran, Brock	
	3) Childress, Colton	4) Abersold, Colt	
6			_____

Event 19 Girls 100 Yard Backstroke

Lane	Name	Yr	School	Seed Time
Heat 1 of 2 Finals				
1	Johnsnon, Lacey		STRMT-NC	NT _____
2	Spears, Leah		WWILK-NC	1:52.44 _____
3	Somers, Julia		STRMT-NC	1:30.10 _____
4	Graham, Cianna	SO	ASHEC-NC	1:48.34 _____
5	Higgins, Emma		WWILK-NC	2:01.34 _____
6				_____

2026 Mountain Valley 2A/3A/4A Conference Meet - 1/23/2026
Meet Program - Timed Finals

Heat 2 Finals (#19 Girls 100 Yard Backstroke)

1	Ange, Shayla	Elks-NC	1:28.03	_____
2	Reed, Adelyn	Elks-NC	1:25.47	_____
3	Handy, Emersyn	Elks-NC	1:12.06	_____
4	Aronackes, Bella	WILKC-NC	1:21.23	_____
5	Li, Rui	Ahs-NC	1:27.64	_____
6	McGee, Makaela	Elks-NC	1:28.84	_____

Event 20 Boys 100 Yard Backstroke

Lane	Name	Yr	School	Seed Time
Heat 1 of 1 Finals				
1	Zhu, Felice	JR	ASHEC-NC	1:36.98 _____
2	Palacios, Jaciell		WWILK-NC	1:27.37 _____
3	Snyder, Webb		Elks-NC	56.29 _____
4	Abersold, Colt		STRMT-NC	1:08.36 _____
5	Moran, Brock		STRMT-NC	1:34.64 _____
6				_____

Event 21 Girls 100 Yard Breaststroke

Lane	Name	Yr	School	Seed Time
Heat 1 of 1 Finals				
1	Cox, Leah	SO	ASHEC-NC	NT _____
2	Ange, Brylee		Elks-NC	1:56.17 _____
3	Dickerson, Mikayla		Elks-NC	1:26.44 _____
4	Swaim, Mia		Elks-NC	1:33.28 _____
5	Li, Rui		Ahs-NC	NT _____
6				_____

Event 22 Boys 100 Yard Breaststroke

Lane	Name	Yr	School	Seed Time
Heat 1 of 1 Finals				
1	Frazer, Reid		STRMT-NC	2:23.61 _____
2	Greene, Kaidan		WWILK-NC	1:36.75 _____
3	Miller, Jackson		WILKC-NC	1:14.58 _____
4	Baker, Evan		Elks-NC	1:23.25 _____
5	Collins, Bruce		Ahs-NC	1:59.21 _____
6				_____

Event 23 Girls 400 Yard Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1			_____
2	STRMT-NC	A	NT _____
	1) Johsnon, Lacey	2) Somers, Julia	
	3) Calloway, Ashton	4) Jarvis, Charlie	
3	Elks-NC	A	4:17.97 _____
	1) Johnson, Jocelyn	2) Handy, Emersyn	
	3) Russell, Paisley	4) Brown, Mya	
4	ASHEC-NC	A	6:20.91 _____
	1) Roten, Anna Gray JR	2) Dollar, Addison SR	
	3) Graham, Cianna SO	4) Cox, Leah SO	
5	Elks-NC	B	NT _____
	1) Dickerson, Elissa	2) Dickerson, Mikayla	
	3) Ange, Brylee	4) McGee, Makaela	
6			_____

Event 24 Boys 400 Yard Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1			_____
2	WILKC-NC	A	4:26.16 _____
	1) Davis, Mark	2) Costagliola, Pino	
	3) Caul, Jaylen	4) Matthews, Beckett	
3	Elks-NC	A	3:40.39 _____
	1) White, Caleb	2) Johnson, Jonas	
	3) Johnson, Joseph	4) Tragone, Michael	
4	WWILK-NC	A	4:21.33 _____
	1) Stevens, Parker	2) Palacios, Jaciell	
	3) Greene, Kaidan	4) Dyer, Joshua	
5			_____
6			_____