

May 2024



Mon	Tue	Wed	Thu	Fri
		<p>1</p> <p>Knitting 9am Pottery 9am Bridge 10am Bone Builders 10:30am</p>	<p>2</p> <p>Walking 8am Lap Quilting 9am Bridge 10am Community Meal 4-6pm</p>	<p>3</p> <p>Walking 8am Sewing 9am Bingo 9:45am Weaving 10am</p>
<p>6</p> <p>Walking 8am Poetry 10am Bone Builders 10:30am</p>	<p>7</p> <p>Walking 8am Woodcarving 9am Weaving 10am</p>	<p>8</p> <p>Knitting 9am Pottery 9am Bridge 10am Bone Builders 10:30am</p>	<p>9</p> <p>Walking 8am Lap Quilting 9am Bridge 10am HHC Food Give Out</p>	<p>10</p> <p>Walking 8am Sewing 9am Bingo 9:45am Weaving 10am</p>
<p>13</p> <p>Walking 8am Poetry 10am Bone Builders 10:30am BRAHM Art 12p</p>	<p>14</p> <p>Walking 8am Woodcarving 9am Weaving 10am Cooking Matters 1pm Second Primary Runoff Election</p>	<p>15</p> <p>Knitting 9am Pottery 9am Bridge 10am Bone Builders 10:30am</p>	<p>16</p> <p>Walking 8am Lap Quilting 9am Bridge 10am Community Meal 4-6pm</p>	<p>17</p> <p>Walking 8am Sewing 9am Bingo 9:45am Weaving 10am</p>
<p>20</p> <p>Walking 8am Poetry 10am Bone Builders 10:30am\ Cartonnage 9am BRAHM Art 12p</p>	<p>21</p> <p>Walking 8am Woodcarving 9am Weaving 10am Cooking Matters 1pm</p>	<p>22</p> <p>Knitting 9am Pottery 9am Bridge 10am Bone Builders 10:30am Microgreens 10am</p>	<p>23</p> <p>Walking 8am Lap Quilting 9am Bridge 10am HHC Food Give Out 4-6pm</p>	<p>24</p> <p>Walking 8am Sewing 9am Bingo 9:45am Weaving 10am</p>
<p>27 CLOSED</p> 	<p>28</p> <p>Walking 8am Woodcarving 9am Weaving 10am Cooking Matters 1pm</p>	<p>29</p> <p>Knitting 9am Pottery 9am Bridge 10am Bone Builders 10:30am</p>	<p>30</p> <p>Walking 8am Lap Quilting 9am Bridge 10am HHC Food Give Out 4-6pm</p>	<p>31</p> <p>Walking 8am Sewing 9am Bingo 9:45am Weaving 10am</p>

Western Watauga Senior Center

May 2024

We will be closed on Monday May 27th in observance of Memorial Day. We will resume normal hours on Tuesday May 28th.

A Second Primary Runoff Election will be held on Tuesday May 14th in Classroom A. There will be no early voting at the center, only election day voting. Some classes may be temporarily moved due to this. Please see Molly if you have any questions.

Cooking Matters with Amelia starts May 14th at 1pm! Join us for a six week cooking class that focuses on healthy eating! Class will be every Tuesday from May 14th to June 18th. Please plan to attend at least 5 out of 6 classes so that you can graduate from the course. You will get to take home a bag of groceries at the end of each class! Contact Molly to sign up.

Beth with Second Harvest Food Bank will be joining us on May 22nd at 10am for Microgreens Planting! Sign ups are on the counter across from the desk. Limited spots available!

Mark P Will be holding another Cartonnage Class on Monday May 20th at 9am! The class is \$20 for participants, please see the sign up list on the counter to know what supplies to bring!

Hopscotch Primary Care will be calling BINGO for us on Friday May 3rd and will join us on Thursday May 9th to tell us about their new senior care office in Boone.

Join Kayla with BRAHM on Monday May 20th at 12pm for our monthly BRAHM Art Program. This month, she will focus on Dots and Yayoi Kasuma in honor of AAPI History Month. This class is free for all registered senior center participants.

Western Watauga Food Outreach Community Dinners are held on the first and third Thursday of each month. These dinner are free for ANYONE in the community. Free good products are given out every Thursday from 4-6pm. Please call the Hunger and Health Coalition for more information at 828-262-1628.

Please be sure you reserve lunches ahead of time. If you have reserved lunch and are unable to come, please call and cancel by 8:30am so that we can plan accordingly. Not cancelling can result in suspended lunches for a period of time. Please check with us before coming to eat if you have not reserved. Thank you!

Fiber Guild will be held on Saturday May 28th at 10:30am.

Handspinners will be held on Sunday May 5th

The Watauga Dementia Project Caregiver Support Group will be held on the 2nd and 4th Friday at 2pm

Please contact Molly if you have any questions about upcoming classes or events!

Molly Gilleskie, Senior Center Director 828-297-5195 molly.gilleskie@watgov.org

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