


Western Watauga Senior Center

December 2024

Mon	Tue	Wed	Thu	Fri
2 Poetry 10a Bone Builders 10:30a	3 Woodcarving 9a Weaving 10a	4 Pottery 9a Knitting 9a Bridge 10a Bone Builders 10:30a	5 Lap Quilting 9a Bridge 10a Community Meal 4p	6 Sewing 9a BINGO 9:45a Weaving Workshop 10a
9 Poetry 10a Bone Builders 10:30a	10 Woodcarving 9a Weaving 10a	11 Pottery 9a Knitting 9a Bridge 10a Bone Builders 10:30a	12 Lap Quilting 9a Bridge 10a HHC Food Give Out 4p	13 Sewing 9a BINGO 9:45a Weaving 10a Pelvic Health 11:30a
16 Poetry 10a Bone Builders 10:30a BRAHM Art 12p	17 Jingle & Mingle! Head Start Carols! Woodcarving 9a Weaving 10a	18 Jingle & Mingle! Pictures with Santa! Pottery 9a Knitting 9a Bone Builders 10:30a	19 Jingle & Mingle! Lap Quilting 9a Bridge 10a Community Meal 4p	20 Sewing 9a BINGO 9:45a Weaving 10a
23 Poetry 10a Bone Builders 10:30a	 <p><i>Merry Christmas</i></p>			27 Sewing 9a BINGO 9:45a Weaving 10a
30 Poetry 10a Bone Builders 10:30a	31 Woodcarving 9a Weaving 10a			



Western Watauga Senior Center

December 2024

The center will be closed from Tuesday December 24th-Thursday December 26th so that we can enjoy the holidays. We will resume normal hours on Friday December 27th.

The center will be closed on Wednesday January 1st for New Years. We will resume normal hours on Thursday January 2nd.

In place of our Christmas Drive Thru, join us on December 17th, 18th, and 19th for 3 days of jingle and mingle from 9a-2p in the parlor. We will have goodies for everyone, and Santa will join us on December 18th for pictures. We'll also have winter wear to give away on a first come first serve basis. Feel free to bring a treat to share! If you are unable to come inside and enjoy time with us, we are happy to serve you curbside. We hope you'll come celebrate the holidays with us!

Western TLC Head Start will be here the morning of Tuesday December 17th for caroling! Come enjoy singing with the kids during the start of our holiday celebration!

Join Kayla with BRAHM on Monday December 18th at 12pm to create your own needle felted ornament for the holidays. This class is free for registered senior center participants.

Paola Powell, Physical Therapist at Benchmark, will be back at lunch on Friday December 13th to offer more education about pelvic health. Call Molly to sign up for lunch that day and learn what you can do to improve your own pelvic health!

The Children's Council will be having a diaper drive at the community center on Thursday December 19th. Come and get diapers, wipes, and other baby supplies if you or someone you know has a need!

We've officially reached the cold season, and that means snow! If you have a question about the Project on Aging weather policy, please feel free to ask Molly or call 828-297-5195 and we can answer your questions. The Project on Aging will cancel lunch and meal delivery if the weather is unsafe. To find out if we're closed, check the closings and cancellations on Watauga Online, listen for them on the radio, or check the Lois E Harrill Senior Center Facebook for meal announcements. We will also make an all-call if we are able to make it to the office. If you are not receiving all-calls, please let Molly know so you can be added to the list. If it is unsafe for you to make it to the center because of the snow, don't try to come! Just call and let us know!

Community Meals are served at the center every first and third Thursday from 4-6pm through the Western Watauga Food Outreach project. These meals are FREE for ANYONE in the community regardless of age, and can be eaten here or taken to go. The Mast Store will serve their Christmas meal on Thursday December 19th! Free food products are given out every Thursday from 4-6pm as long as the center is open. If weather is bad, food outreach may be cancelled, so please call first. If you have questions about getting signed up for food outreach, ask Molly or call the Hunger and Health Coalition at 828-262-1628.

We are still unable to have walking at the Old Cove Creek School gym due to damages from the storm. Keep an eye out for further announcements about when we are able to resume walking again.

Contact Molly if you have any questions about class or upcoming events!

Molly Gilleskie, Senior Center Director

828-297-5195

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Notifications of Cancellations

In the event of hazardous conditions due to inclement weather, the Project On Aging may cancel some or all services and programs for participants. We aim to make announcements of those decisions with timeliness. If you are a registered participant or client of the POA in our MySeniorCenter system, you should receive a recorded message to the phone number we have on file. We also make announcements on Goblueridge.net, Wataugaonline, local radio outlets including WATA, and the Lois E Harrill Senior Center Facebook page.

**Call the Watauga County Project On Aging
for more information at 828-265-8090**