

# Western Watauga Senior Center

## August 2024



Mon	Tue	Wed	Thu	Fri
			<b>1</b> Walking 8am Lap Quilting 9am Bridge 10am Community Meal	<b>2</b> Walking 8am Sewing 9am Bingo 9:45am Weaving 10am
<b>5</b> Walking 8am Poetry 10am Bone Builders 10:30am	<b>6</b> Walking 8am Woodcarving 9am Weaving 10am	<b>7</b> Knitting 9am Pottery 9am Bridge 10am Bone Builders 10:30am	<b>8</b> Walking 8am Lap Quilting 9am Bridge 10am HHC Food Give Out 4-6pm	<b>9</b> Walking 8am Sewing 9am Bingo 9:45am Weaving 10am
<b>12</b> Walking 8am Poetry 10am Bone Builders 10:30am	<b>13</b> Walking 8am Woodcarving 9am Weaving 10am	<b>14</b> Knitting 9am Pottery 9am Bridge 10am Bone Builders 10:30am	<b>15</b> Walking 8am Lap Quilting 9am Bridge 10am <b>Scam Prevention 10am</b> Community Meal 4-6pm	<b>16</b> Walking 8am Sewing 9am Bingo 9:45am Weaving 10am
<b>19</b> Walking 8am Poetry 10am Bone Builders 10:30am <b>BRAHM Art 12pm</b>	<b>20</b> Walking 8am Woodcarving 9am Weaving 10am	<b>21</b> Knitting 9am Pottery 9am <b>Emergency Preparedness 10am</b> Bridge 10am Bone Builders 10:30am	<b>22</b> Walking 8am Lap Quilting 9am Bridge 10am HHC Food Give Out 4-6pm	<b>23</b> Walking 8am Sewing 9am Bingo 9:45am Weaving 10am
<b>26</b> Walking 8am Poetry 10am Bone Builders 10:30am	<b>27</b> Walking 8am Woodcarving 9am Weaving 10am	<b>28</b> Knitting 9am Pottery 9am Bridge 10am Bone Builders 10:30am	<b>29</b> Walking 8am Lap Quilting 9am Bridge 10am HHC Food Give Out 4-6pm	<b>30</b> Walking 8am Sewing 9am Bingo 9:45am Weaving 10am

# Western Watauga Senior Center

## August 2024



Poetry is back this month! Join our poetry group every Monday at 10am and get creative with writing and discussion!

Paige Williams from Red Cross will join us on Wednesday August 21st to offer an Emergency Preparedness presentation! This presentation will be at 10am in the dining room. Join her as she discusses how to prepare yourself and your home in the event of natural disasters like snow storms, flooding, severe thunder storms, and more! Sign ups are located across from the front desk on the counter.

Join us August 15th at 10am for scam prevention presented by Captain Johnson from the Watauga County Sheriff's Department and Hopscotch Primary Care.

The senior center will be closed on Monday September 2nd in observance of Labor Day. We will resume normal hours on Tuesday September 3rd. We apologize for the inconvenience.

Join Kayla with BRAHM on Monday August 19th at 12pm for our monthly BRAHM art program! This month, she will focus on Gelli Plate Printing! This class is free for registered senior center participants and no supplies are needed.

Western Watauga Good Outreach Community Dinners are held on the first and third Thursday of each month at 4pm in the dining room. These dinners are free for ANYONE in the community. Free food products are given out every Thursday at 4pm in Classroom A. Please call the Hunger and Health Coalition at 828-262-1628 for more information.

Lunches are served everyday at 11:30a in the dining room. Please be sure you reserve your lunches ahead of time. If you are unable to join us for lunch on a day you have signed up, please call us by 8:30a and let us know so that we can plan accordingly.

Handspinners will be held on the first Sunday of the month

Fiber guild will be held on the third Saturday of the month

Contact Molly if you have any questions about upcoming classes or events!

Molly Gilleskie, Senior Center Director

[molly.gilleskie@watgov.org](mailto:molly.gilleskie@watgov.org)

828-297-5195

1081 Old US HWY 421, Sugar Grove, NC 28679

