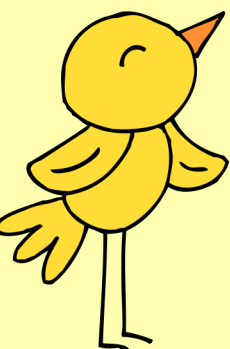


Western Watauga Senior Center

April 2025

Mon	Tue	Wed	Thu	Fri
	1 Woodcarving 9a Weaving 10a Walking 2-4p	2 Pottery 9a Knitting 9a Bridge 10a Bone Builders 10:30a	3 Lap Quilting 9a Bridge 10a PNC Scams 11:30a Community Meal 4p Walking 2-4p	4 Sewing 9a BINGO 9:45a \$Chair Yoga 9:45a Weaving 10a
7 Poetry 10a Bone Builders 10:30a	8 Woodcarving 9a Weaving 10a Walking 2-4p	9 Pottery 9a Knitting 9a Bridge 10a Bone Builders 10:30a	10 Lap Quilting 9a Bridge 10a HHC Food Give Out 4p Walking 2-4p	11 Sewing 9a BINGO 9:45a \$Chair Yoga 9:45a Weaving 10a
14 Poetry 10a Bone Builders 10:30a	15 Woodcarving 9a Weaving 10a Walking 2-4p	16 Pottery 9a Knitting 9a Bridge 10a Bone Builders 10:30a Grandfather Mtn Trip	17 Lap Quilting 9a Bridge 10a HHC Food Give Out 4p Walking 2-4p	18 CLOSED 
21 Poetry 10a Bone Builders 10:30a BRAHM Art 12p	22 Woodcarving 9a Weaving 10a Walking 2-4p	23 Pottery 9a Knitting 9a Bridge 10a Bone Builders 10:30a	24 Lap Quilting 9a Bridge 10a HHC Food Give Out 4p Walking 2-4p	25 Sewing 9a BINGO 9:45a \$Chair Yoga 9:45a Weaving 10a
28 Poetry 10a Bone Builders 10:30a	29 Woodcarving 9a Weaving 10a Walking 2-4p	30 Pottery 9a Knitting 9a Bridge 10a Bone Builders 10:30a		



Western Watauga Senior Center

April 2025

We will be closed on Friday April 18th in observance of Easter. We will resume normal hours on Monday April 21st.

April is Dollar Days at Grandfather Mountain, which means we're going on a field trip! Join us April 16th at 10:30am. The trip will be \$5 per person and does not include lunch, so please be prepared to purchase lunch from Mildred's Grill OR pack a lunch. We plan to return to the center by 3:00pm. There are a limited number of seats available, so sign up quickly! A sign up sheet is located on the counter across from the front desk, or call Molly to sign up. We hope you can join!

PNC Bank will join us for lunch on Thursday April 3rd to educate us about different scams and how to avoid them. Call Molly to sign up for lunch or come and join us for the talk at 11:30a!

Join Kayla with BRAHM on Monday April 21st at 12pm for our monthly art program! This month, she will focus on Etel Adnan in honor of Arab-American Heritage Month. Etel Adnan was a Lebanese-American poet, essayist, and visual artist. In 2003, Adnan was named "arguably the most celebrated and accomplished Arab American author writing today" by the academic journal MELUS: Multi-Ethnic Literature of the United States. Created a landscape painting inspired by her work for Arab American Heritage Month. This class is free for registered participants and all supplies are provided.

Western Watauga Food Outreach is doing meals on the first and third Thursdays again! This month, the meals will be on Thursday April 3rd and 17th. These meals are free for ANYONE in the community regardless of age and are served from 4-6pm. The WWFO continues to give out free food products every Thursday from 4-6pm. If you have questions or wish to sign up for food outreach, please call the Hunger and Health Coalition at 828-262-1628 or ask Molly.

Please remember to reserve your meals ahead of time by filling out a menu! If you are unable to come on a day you reserved, please call Molly by 8:30 that morning so we can accommodate.

If you have questions about an upcoming class or activity, call Molly!

Molly Presnell, Senior Center Director 828-297-5195

molly.presnell@watgov.org

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